



**Pilates  
Training  
Solutions**

# Pilates classes in Ripley

Ripley Village Hall, High Street, GU23 6AF

Mondays: 12.30 - 1.30pm & 6.15 - 7.15pm

- Flexible booking system/ Termly classes from just £12.00
- Future Proof Your Body - Improved core strength, flexibility & balance
- Taster sessions available



[www.pilates Trainingsolutions.com](http://www.pilates Trainingsolutions.com)